



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Westhoff, Marianne

Club: VFL Sassenberg
Number: 829

Course: 10.00 km
Volkslauf

Category:
Frauen W45

Total time: 52:38

Speed: 11.40 km/h
Running performance: 5:16 min/km

Rank in course/Total: 72 (of 141)

Rank in course/Women: 6 (of 40)

Best time in course: 41:51

Rank in category: 1(of 4)

Best time in the category: 52:38