



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Bender, Julia

Club: LTV Lippstadt
Number: 837

Course: 10.00 km
Volkslauf

Category:
weibliche Jugend B

Total time: 53:04

Speed: 11.31 km/h
Running performance: 5:19 min/km

Rank in course/Total: 73 (of 141)

Rank in course/Women: 7 (of 40)

Best time in course: 41:51

Rank in category: 1(of 1)

Best time in the category: 53:04