



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

**Growe, Niklas**

Club: Overbergschule  
Number: 148

Course: 2.30 km  
Schülerlauf

Category:  
männliche Schüler D

Total time: 19:21

Speed: 6.20 km/h  
Running performance: 8:25 min/km

Rank in course/Total: 224 (of 232)

Rank in course/Men: 120 (of 123)

Best time in course: 8:27

Rank in category: 72(of 74)

Best time in the category: 9:50