



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Rieping, Carla

Club: Josefschule Warendorf  
Number: 323

Course: 2.30 km  
Schülerlauf

Category:  
weibliche Schüler C

Total time: 11:36

Speed: 10.34 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 68 (of 232)

Rank in course/Women: 20 (of 109)

Best time in course: 9:48

Rank in category: 5(of 23)

Best time in the category: 9:48