



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

**Althaus, Sarah**

Club: LG-Ems Warendorf  
Number: 127

Course: 2.30 km  
Schülerlauf

Category:  
weibliche Schüler C

Total time: 11:42

Speed: 10.26 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 70 (of 232)

Rank in course/Women: 22 (of 109)

Best time in course: 9:48

Rank in category: 6(of 23)

Best time in the category: 9:48