



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

**Baumeister, Claus**

Club: Laurentianum  
Number: 740

Course: 10.00 km  
Volkslauf

Category:  
Männer M60

Total time: 54:42

Speed: 10.97 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 90 (of 141)

Rank in course/Men: 80 (of 101)

Best time in course: 33:35

Rank in category: 6(of 6)

Best time in the category: 46:50