



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Koch, Verena

Club: VGS städt. Realschule WAF  
Number: 239

Course: 2.30 km  
Schülerlauf

Category:  
weibliche Schüler C

Total time: 13:55

Speed: 9.92 km/h  
Running performance: 6:03 min/km

Rank in course/Total: 145 (of 232)

Rank in course/Women: 51 (of 109)

Best time in course: 9:48

Rank in category: 14(of 23)

Best time in the category: 9:48