



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Sievert, Annette

Club: 44 Beelen

Number: 809

Course: 10.00 km

Volkslauf

Category:

Frauen W45

Total time: 54:47

Speed: 10.95 km/h

Running performance: 5:29 min/km

Rank in course/Total: 93 (of 141)

Rank in course/Women: 13 (of 40)

Best time in course: 41:51

Rank in category: 2(of 4)

Best time in the category: 52:38