



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Comtois, Pierre

Club: Bad Lippspringe
Number: 739

Course: 10.00 km
Volkslauf

Category:
Männer M55

Total time: 55:21

Speed: 10.84 km/h
Running performance: 5:32 min/km

Rank in course/Total: 95 (of 141)

Rank in course/Men: 81 (of 101)

Best time in course: 33:35

Rank in category: 3(of 5)

Best time in the category: 50:45