



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Rosen, Hermann

Club: Wacker Wuppich
Number: 834

Course: 10.00 km
Volkslauf

Category:
Männer M55

Total time: 55:58

Speed: 10.72 km/h
Running performance: 5:36 min/km

Rank in course/Total: 97 (of 141)

Rank in course/Men: 82 (of 101)

Best time in course: 33:35

Rank in category: 4(of 5)

Best time in the category: 50:45