



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Krato, Markus

Club: Go!

Number: 756

Course: 10.00 km  
Volkslauf

Category:

Männer M35

Total time: 56:13

Speed: 10.67 km/h

Running performance: 5:37 min/km

Rank in course/Total: 98 (of 141)

Rank in course/Men: 83 (of 101)

Best time in course: 33:35

Rank in category: 8(of 9)

Best time in the category: 40:02