



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Bockhorn, Michael

Club: Münster
Number: 827

Course: 10.00 km
Volkslauf

Category:
Männer M45

Total time: 56:21

Speed: 10.65 km/h
Running performance: 5:38 min/km

Rank in course/Total: 100 (of 141)

Rank in course/Men: 84 (of 101)

Best time in course: 33:35

Rank in category: 24(of 27)

Best time in the category: 35:14