



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Lackamp, Steffen

Club: WSU

Number: 336

Course: 2.30 km

Schülerlauf

Category:

männliche Schüler C

Total time: 9:29

Speed: 12.65 km/h

Running performance: 4:07 min/km

Rank in course/Total: 5 (of 232)

Rank in course/Men: 5 (of 123)

Best time in course: 8:27

Rank in category: 2(of 27)

Best time in the category: 9:16