



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Burlage, Jochen

Club: TUS Freckenhorst
Number: 773

Course: 10.00 km
Volkslauf

Category:
Männer M45

Total time: 56:37

Speed: 10.60 km/h
Running performance: 5:40 min/km

Rank in course/Total: 102 (of 141)

Rank in course/Men: 86 (of 101)

Best time in course: 33:35

Rank in category: 25(of 27)

Best time in the category: 35:14