



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Wirth, Sandra

Club: Warendorf
Number: 729

Course: 10.00 km
Volkslauf

Category:
Frauen W35

Total time: 56:41

Speed: 10.59 km/h
Running performance: 5:40 min/km

Rank in course/Total: 103 (of 141)

Rank in course/Women: 17 (of 40)

Best time in course: 41:51

Rank in category: 3(of 4)

Best time in the category: 54:37