



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Aundrup, Janis

Club: VGS städt. Realschule WAF
Number: 229

Course: 2.30 km
Schülerlauf

Category:
männliche Schüler C

Total time: 10:15

Speed: 11.71 km/h
Running performance: 4:28 min/km

Rank in course/Total: 27 (of 232)

Rank in course/Men: 22 (of 123)

Best time in course: 8:27

Rank in category: 6(of 27)

Best time in the category: 9:16