



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Wächter, Anne

Club: LG Ems - VfL Sassenberg  
Number: 727

Course: 10.00 km  
Volkslauf

Category:  
Frauen W40

Total time: 56:58

Speed: 10.53 km/h  
Running performance: 5:42 min/km

Rank in course/Total: 105 (of 141)

Rank in course/Women: 18 (of 40)

Best time in course: 41:51

Rank in category: 4(of 9)

Best time in the category: 52:20