



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Michalowski, Ines

Club: Münster
Number: 715

Course: 10.00 km
Volkslauf

Category:
Frauen W30

Total time: 58:00

Speed: 10.34 km/h
Running performance: 5:48 min/km

Rank in course/Total: 107 (of 141)

Rank in course/Women: 19 (of 40)

Best time in course: 41:51

Rank in category: 5(of 7)

Best time in the category: 44:41