



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Volbracht, Theo

Club: Sassenberg
Number: 823

Course: 10.00 km
Volkslauf

Category:
Männer M40

Total time: 1:01:26

Speed: 9.77 km/h
Running performance: 6:08 min/km

Rank in course/Total: 118 (of 141)

Rank in course/Men: 93 (of 101)

Best time in course: 33:35

Rank in category: 18(of 22)

Best time in the category: 37:50