



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Glosemeyer, Jan

Club: Overbergschule  
Number: 132

Course: 2.30 km  
Schülerlauf

Category:  
männliche Schüler C

Total time: 12:40

Speed: 9.47 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 105 (of 232)

Rank in course/Men: 72 (of 123)

Best time in course: 8:27

Rank in category: 19(of 27)

Best time in the category: 9:16