



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Koch, Sarah

Club: Josefschule Warendorf
Number: 263

Course: 2.30 km
Schülerlauf

Category:
weibliche Schüler D

Total time: 13:18

Speed: 9.02 km/h
Running performance: 5:47 min/km

Rank in course/Total: 126 (of 232)

Rank in course/Women: 41 (of 109)

Best time in course: 9:48

Rank in category: 20(of 73)

Best time in the category: 10:02