



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Mai, Pascal

Club: LG Ems - VfL Sassenberg
Number: 111

Course: 2.30 km
Schülerlauf

Category:
männliche Schüler B

Total time: 9:26

Speed: 12.72 km/h
Running performance: 4:06 min/km

Rank in course/Total: 4 (of 232)

Rank in course/Men: 4 (of 123)

Best time in course: 8:27

Rank in category: 2(of 11)

Best time in the category: 9:20