29. Emssee Volkslauf

Warendorf / 06.09.2008

Detailed evaluation

Struchtrup, Adelgunde

Club: SC DJK Everswinkel
Number: 803

Course: 10.00 km
Volkslauf

Category:
Frauen W55

Total time: 1:04:20

Speed: 9.33 km/h
Running performance: 6:26 min/km

Rank in course/Total: 130 (of 141)

Rank in course/Women: 34 (of 40)

Best time in course: 41:51

Rank in category: 2(of 3)

Best time in the category: 59:11