



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Elkmann, Alexandra

Club: LG-Ems Warendorf
Number: 125

Course: 2.30 km
Schülerlauf

Category:
weibliche Schüler B

Total time: 10:03

Speed: 11.94 km/h
Running performance: 4:22 min/km

Rank in course/Total: 22 (of 232)
Rank in course/Women: 5 (of 109)
Best time in course: 9:48

Rank in category: 1(of 6)
Best time in the category: 10:03