



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Wirtz, Elvira

Club: Warendorf
Number: 812

Course: 10.00 km
Volkslauf

Category:
Frauen W55

Total time: 1:04:24

Speed: 9.32 km/h
Running performance: 6:26 min/km

Rank in course/Total: 131 (of 141)

Rank in course/Women: 35 (of 40)

Best time in course: 41:51

Rank in category: 3(of 3)

Best time in the category: 59:11