



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Stöhr, Helga

Club: SV-Spexard
Number: 1168

Course: 10.00 km
Volkslauf

Category:
Frauen W50

Total time: 1:07:07

Speed: 8.94 km/h
Running performance: 6:43 min/km

Rank in course/Total: 134 (of 141)

Rank in course/Women: 38 (of 40)

Best time in course: 41:51

Rank in category: 4(of 5)

Best time in the category: 58:29