



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Maertens, Ivonne

Club: Hamburg  
Number: 714

Course: 10.00 km  
Volkslauf

Category:  
Frauen W30

Total time: 1:10:49

Speed: 8.47 km/h  
Running performance: 7:05 min/km

Rank in course/Total: 138 (of 141)

Rank in course/Women: 40 (of 40)

Best time in course: 41:51

Rank in category: 7(of 7)

Best time in the category: 44:41