



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Poppenborg, Frederick

Club: Heinrich Tellen Schule
Number: 369

Course: 2.30 km
Schülerlauf

Category:
männliche Schüler B

Total time: 13:09

Speed: 9.13 km/h
Running performance: 5:43 min/km

Rank in course/Total: 122 (of 232)

Rank in course/Men: 83 (of 123)

Best time in course: 8:27

Rank in category: 8(of 11)

Best time in the category: 9:20