



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Vielhaber, Burkhard

Club: TUSEM Essen
Number: 1249

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:23:25

Speed: 15.10 km/h
Running performance: 3:57 min/km

Rank in course/Total: 6 (of 142)

Rank in course/Men: 5 (of 107)

Best time in course: 1:18:01

Rank in category: 3(of 29)

Best time in the category: 1:18:01