



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Aerdker, Henrik

Club: WSU

Number: 331

Course: 2.30 km

Schülerlauf

Category:

männliche Schüler A

Total time: 10:00

Speed: 13.80 km/h

Running performance: 4:21 min/km

Rank in course/Total: 19 (of 232)

Rank in course/Men: 17 (of 123)

Best time in course: 8:27

Rank in category: 4(of 11)

Best time in the category: 8:27