



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Braun, Florian

Club: LSF Münster
Number: 1207

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:25:31

Speed: 14.73 km/h
Running performance: 4:03 min/km

Rank in course/Total: 11 (of 142)

Rank in course/Men: 10 (of 107)

Best time in course: 1:18:01

Rank in category: 5(of 13)

Best time in the category: 1:18:35