



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Link, Sarah

Club: Städt. Gymnasium Ahlen  
Number: 364

Course: 2.30 km  
Schülerlauf

Category:  
weibliche Schüler A

Total time: 11:22

Speed: 10.56 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 61 (of 232)

Rank in course/Women: 17 (of 109)

Best time in course: 9:48

Rank in category: 3(of 7)

Best time in the category: 9:56