



29. Emssee Volkslauf Warendorf / 06.09.2008

Detailed evaluation

Luig, Martin

Club: BSG Sparkasse Münsterland Ost
Number: 1019

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:33:17

Speed: 13.57 km/h
Running performance: 4:25 min/km

Rank in course/Total: 24 (of 142)

Rank in course/Men: 23 (of 107)

Best time in course: 1:18:01

Rank in category: 6(of 13)

Best time in the category: 1:18:35