



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Reichert, Thomas

Club: TG Herford
Number: 1180

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:36:16

Speed: 13.09 km/h
Running performance: 4:34 min/km

Rank in course/Total: 31 (of 142)

Rank in course/Men: 30 (of 107)

Best time in course: 1:18:01

Rank in category: 7(of 25)

Best time in the category: 1:27:25