



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Kobusch, Rainer

Club: TG Tria Rüsselsheim
Number: 1230

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:37:04

Speed: 12.98 km/h
Running performance: 4:36 min/km

Rank in course/Total: 36 (of 142)

Rank in course/Men: 34 (of 107)

Best time in course: 1:18:01

Rank in category: 8(of 25)

Best time in the category: 1:27:25