



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Schreiber, Joachim

Club: SCSA Steinhagen

Number: 640

Course: 5.00 km

Jedermannlauf

Category:

Männer M55

Total time: 23:44

Speed: 12.64 km/h

Running performance: 4:45 min/km

Rank in course/Total: 17 (of 44)

Rank in course/Men: 17 (of 31)

Best time in course: 16:14

Rank in category: 1(of 1)

Best time in the category: 23:44