



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Block, Hendrik

Club: TSVE 1890 Bielefeld
Number: 1164

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:39:09

Speed: 12.71 km/h
Running performance: 4:42 min/km

Rank in course/Total: 41 (of 142)

Rank in course/Men: 38 (of 107)

Best time in course: 1:18:01

Rank in category: 8(of 13)

Best time in the category: 1:18:35