



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Kampendonk, Franz

Club: SV 19 Straelen
Number: 1232

Course: 21.10 km
Halbmarathon

Category:
Männer M50

Total time: 1:41:22

Speed: 12.43 km/h
Running performance: 4:48 min/km

Rank in course/Total: 49 (of 142)

Rank in course/Men: 46 (of 107)

Best time in course: 1:18:01

Rank in category: 6(of 16)

Best time in the category: 1:24:19