



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Kolb, Holger

Club: Münster
Number: 1016

Course: 21.10 km
Halbmarathon

Category:
Männer M30

Total time: 1:43:14

Speed: 12.21 km/h
Running performance: 4:53 min/km

Rank in course/Total: 58 (of 142)

Rank in course/Men: 55 (of 107)

Best time in course: 1:18:01

Rank in category: 4(of 6)

Best time in the category: 1:27:39