



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Nau, Peter

Club: DJK Grünweiß Werl
Number: 642

Course: 5.00 km
Jedermannlauf

Category:
Männer M65

Total time: 24:05

Speed: 12.46 km/h
Running performance: 4:49 min/km

Rank in course/Total: 18 (of 44)

Rank in course/Men: 18 (of 31)

Best time in course: 16:14

Rank in category: 1(of 1)

Best time in the category: 24:05