



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Heitmann, Stefan

Club: SC Füchtorf  
Number: 1252

Course: 21.10 km  
Halbmarathon

Category:  
Männer M35

Total time: 1:43:56

Speed: 12.12 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 62 (of 142)

Rank in course/Men: 59 (of 107)

Best time in course: 1:18:01

Rank in category: 10(of 13)

Best time in the category: 1:18:35