



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Zielke, Hans-Jürgen

Club: LC Solbad Ravensberg
Number: 1193

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:44:19

Speed: 12.08 km/h
Running performance: 4:56 min/km

Rank in course/Total: 64 (of 142)

Rank in course/Men: 61 (of 107)

Best time in course: 1:18:01

Rank in category: 19(of 29)

Best time in the category: 1:18:01