



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Hakenes, Laura

Club: Overbergschule  
Number: 192

Course: 2.30 km  
Schülerlauf

Category:  
weibliche Schüler D

Total time: 13:56

Speed: 8.61 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 146 (of 232)

Rank in course/Women: 52 (of 109)

Best time in course: 9:48

Rank in category: 27(of 73)

Best time in the category: 10:02