



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Althaus, Markus

Club: TUS Freckenhorst
Number: 1243

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:47:13

Speed: 11.75 km/h
Running performance: 5:05 min/km

Rank in course/Total: 72 (of 142)

Rank in course/Men: 66 (of 107)

Best time in course: 1:18:01

Rank in category: 20(of 29)

Best time in the category: 1:18:01