



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Stüwe, Claudia

Club: DJK Ewaldi Aplerbeck
Number: 1038

Course: 21.10 km
Halbmarathon

Category:
Frauen W45

Total time: 1:49:22

Speed: 11.52 km/h
Running performance: 5:11 min/km

Rank in course/Total: 76 (of 142)

Rank in course/Women: 7 (of 35)

Best time in course: 1:23:24

Rank in category: 2(of 11)

Best time in the category: 1:36:25