



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Beier-Stürwald, Marianne

Club: TV Friesen Telgte

Number: 1002

Course: 21.10 km

Halbmarathon

Category:

Frauen W45

Total time: 1:50:00

Speed: 11.45 km/h

Running performance: 5:13 min/km

Rank in course/Total: 79 (of 142)

Rank in course/Women: 8 (of 35)

Best time in course: 1:23:24

Rank in category: 3(of 11)

Best time in the category: 1:36:25