



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Schepers, Günter

Club: SF Oesede
Number: 1229

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:50:32

Speed: 11.40 km/h
Running performance: 5:14 min/km

Rank in course/Total: 81 (of 142)

Rank in course/Men: 73 (of 107)

Best time in course: 1:18:01

Rank in category: 18(of 25)

Best time in the category: 1:27:25