



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Baerhausen, Michael

Club: Steinhagen

Number: 1001

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:51:20

Speed: 11.32 km/h

Running performance: 5:17 min/km

Rank in course/Total: 82 (of 142)

Rank in course/Men: 74 (of 107)

Best time in course: 1:18:01

Rank in category: 19(of 25)

Best time in the category: 1:27:25