



29. Emssee Volkslauf
Warendorf / 06.09.2008

Detailed evaluation

Ostermann, Thomas

Club: WSU Tri Team Warendorf
Number: 1225

Course: 21.10 km
Halbmarathon

Category:
Männer M40

Total time: 1:51:43

Speed: 11.28 km/h
Running performance: 5:17 min/km

Rank in course/Total: 83 (of 142)

Rank in course/Men: 75 (of 107)

Best time in course: 1:18:01

Rank in category: 23(of 29)

Best time in the category: 1:18:01