



29. Emssee Volkslauf  
Warendorf / 06.09.2008

Detailed evaluation

Beckmann, Markus

Club: Düsseldorf  
Number: 1151

Course: 21.10 km  
Halbmarathon

Category:  
Männer M30

Total time: 1:52:45

Speed: 11.18 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 86 (of 142)

Rank in course/Men: 78 (of 107)

Best time in course: 1:18:01

Rank in category: 5(of 6)

Best time in the category: 1:27:39